



***Canberra  
Fisherman's Club Inc  
NEWSLETTER  
Volume 13 Issue 10  
May 2010***

[www.canberrafishos.com](http://www.canberrafishos.com)



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***Winner of the April 2010 Photo Competition***

***Windamere Eeltail Catfish***

***Anthony Heiser***

## *About the Club*

The Canberra Fisherman's Club Inc. is a sport fishing club that endeavours to promote a social awareness among its members, single or family. General meetings are held on the second Tuesday of every month at the **Eastlakes Football Club No 3 Oxley St Griffith ACT** beginning at 7:30pm. All members and visitors are most welcome.

Members of the Canberra Fisherman's Club are eligible to set Club Records and, upon payment of an Australian National Sport fishing Association (ANSA) affiliation fee, also able to set Australian records and World records (through ANSA affiliation with the International Game Fishing Association (IGFA)).

## *Aims of the Club*

- To promote sport fishing
- To foster the art of angling
- To teach the art of angling to new members and particularly juniors
- To promote the study and conservation of fish species and the environment
- To co-operate with and support other bodies with similar aims and ideals.

The Club also supports the Recfish Australia National Code of Practice for Recreational and Sport Fishing, which endorses:

1. Quickly and correctly returning unwanted or illegal catch to the water
2. Quickly killing fish that are kept for consumption
3. Using only appropriate, legal tackle, attending gear and valuing the catch
4. Taking no more than our immediate needs
5. Supporting and encouraging activities that preserve, restore and enhance fisheries and fish habitat
6. Understanding and observing all fishing regulations and reporting illegal fishing activities
7. Preventing pollution and protecting wildlife by removing rubbish
8. Taking care when boating and anchoring to avoid damage to wildlife and habitat
9. Using established roads and tracks
10. Reporting environmental damage
11. Avoiding unnecessary interactions with wildlife species and their habitats
12. Practising courtesy towards all those who use inland and coastal waters
13. Obtaining permission from landholders and traditional owners before entering their land
14. Caring for our own safety and the safety of others when fishing.

### Membership Fees

	CFC	ANSA
Junior	\$5	\$4
Student	-	\$7
Senior	\$20	\$19
Family	\$30	\$24

All Correspondence to the  
CFC Secretary  
PO Box 325  
Civic Square, ACT 2608

Articles for inclusion in the  
CFC Newsletter to be  
Forwarded to the Editor  
[luttpa@tpg.com.au](mailto:luttpa@tpg.com.au)

### CFC Life Members

Mike Penkethman

Alan Matthews

Brian Ray

Laurie Nolen

Jamie Stanfield

Chris De La Rue



## *CFC Office Bearers 2009-2010*

PRESIDENT	Greg Davis	0427 932 504 (m)
VICE PRESIDENT	Jamie Stanfield	Life Member
SECRETARY	Chris Head	0408 225 794 (m)
ASSISTANT SECRETARY	Patrick Luttrell	0414 866 799 (m)
TREASURER	Brian Stacy	0408 466 596 (m)
RECORDER/TAGGING OFFICER	Steve Borkowskis	0402 223 410 (m)
EDITOR	Patrick Luttrell	0414 866 799 (m)
OUTING LIAISON OFFICER	Keith Smith	0418 864 760 (m)
Committee	Chris De La Rue	Life Member
Committee	Glen Malam	
Committee	Anthony Heiser	

## *2009-2010 Canberra Fisherman's Club Outing & Meeting Calendar*

Outing Date	Outing	Monthly Meeting's
<b>12<sup>th</sup> -14<sup>th</sup> June 2010</b>	<b>Narooma</b>	<b>8<sup>th</sup> Jun</b>
<b>24<sup>th</sup> – 25<sup>th</sup> July 2010</b>	<b>Kioloa Area</b>	<b>13<sup>th</sup> Jul</b>



*2010-2011* **CANBERRA FISHERMAN'S CLUB OUTING & MEETING CALENDAR**  
**CAN BE FOUND ON THE CLUB WEB SITE**

## *President's Report*

Hi all,

As we've only seen a couple of very light frosts so far, it looks like we might be in for a mild winter. That's fine by me; I'm not a fan of the cold Canberra winter. It's been slightly quieter this month, as the Carp-Out financials have been finalised, and Chris Head is having a well deserved breather. There has still been a fair bit going on though, although the pace is definitely a bit slower.

### **Inquiry into Recreational Fishing**

On the 27<sup>th</sup> May the CFC gets an opportunity to provide more information to the NSW Government Inquiry into Recreational Fishing. I've been invited to give evidence before the Select Committee on Recreational Fishing at Griffith. I was hoping it would be at Batemans Bay, as it's a bit closer, and since my time before the committee is scheduled for 6:45 PM, it's an overnigher as well. Anthony Heiser has been trolling through the transcripts of the hearings that have already occurred to make sure we are prepared and know what I'm in for. I'd like to take this opportunity to thank Anthony for all this effort; I'd be lost without his support, not having done anything like this before. Next month I'll give a bit of a rundown of the hearing.

### **Outings for the next 12 months**

At the Club meeting on the 11<sup>th</sup> of May we chose the outings for the next 12 months. There are some changes to those we had this year, and overall it looks like a good mix of saltwater and fresh. As is usually the case we ended up with a few freshwater ones clumped together, and the same for saltwater. I think it's unavoidable, as we try to fish areas that will be productive for that month, and throw in a couple of ANSA conventions into the mix and we just can't alternate month by month. Overall we have six freshwater outings, five saltwater ones, and one that has both. The outings are Buckenderra (or alternate Eucumbene location pending water levels etc), Kalkite, Talbingo Convention, Burrinjuck Convention, Burrinjuck (Cod Opening Weekend), Tuross, Bega/Brogo, Narooma Convention, Kalkite, Nelligen, Narooma, Kioloa. The website has been updated and provides the dates for all these outings.

### **Recent and Future Outings**

The May outing has just passed and this year it was a completely different Jervis Bay. The weather was great; however large seas prevented any real beach fishing and ruled out any blue water or bay ventures on Saturday. Friday night in our cabin you could feel the waves crashing into the beach through your feet on the cabin floor. We had the pleasure of meeting Greg Reid from Bay and Basin Sports fishing on Friday night. He gave us a good rundown of where the best spots would be given the current conditions, and appears to know the area well.

Unfortunately the fish didn't really cooperate, the weekend being relatively quiet. A highlight for me, and especially for Anthony, was his capture of a 1.5 Kg Tailor on 1 Kg line. I'd noticed some large bait balls on the sounder and positioned the boat so that we drifted back over them. I suggested that we float some whole Pilchards on ganged hooks as we drifted, while we cast plastics in front of the drift. Anthony's Pilchard was taken and took off at a great rate of knots. It took 15 minutes to get the fish into the boat. Most of this time was due to his "girlie" drag setting, and some was due to my poor netting skills. I think I had three or 4 goes at it, a very nervous time after such a great fight.

Outings are also a great way to get to know people better. Anthony travelled up to Jervis Bay with me. When we left Canberra Anthony was nursing a ¾ full bottle of 12 year old Scapa Scotch. To my surprise, by the time we'd booked into our cabin there was only ¼ of a bottle left! I wasn't aware that Anthony drank so much!! Well, as it turns out he doesn't. He'd used a cork out of another bottle in this bottle of Scotch, as the original one had perished. While we were out of the car booking into the caravan park, the bottle fell over and the cork popped! It took Anthony around ¾ of an hour to get the majority of the Scotch out of the carpet of my 4Runner. It reeked all weekend, and now a week later only just smells normal.

The next outing is Narooma over the June long weekend, 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup>. We have an Olympic cabin booked, and at this stage there are plenty of bunk beds available. This outing has been very good in the past. Last year we had good weather, getting out to Montague Island on the Saturday, and a great Salmon session at Cemetery Beach on the Monday. It's a great social event, so come along, I'm sure you'll enjoy yourself.

This year in July we're off to the Kioloa area. This is a return of an outing from a few years back, and there are some good reports from years gone by from the beaches, as well as reefs close in to Ulladulla Harbour.

Well, that's it for me this month,

Cheers

Greg Davis

President

*Work fills in time between fishing trips.*



*Ben Lemmon Windamere Dawn*

**Weetangera Primary School** At the executive meeting this month Jamie read a letter from Mr James Harrison year 5/6 School Teacher asking for help to setup an inter class fishing club to be run during school lunch break time. He was looking for some materials to use as training aids. I contacted James this Tuesday and met at the start of Lunch to work out what was required I took with me a hand full of pamphlets that Chris Head puts out at the meetings. Some broken packets of various swivels, small sinkers, Hooks and odds ends from my tackle box a couple of spools of line and a few small tackle boxes pocket size and storage size.

Mr Harrison was overjoyed to receive these goods in reply to his inquiry. From the year 5 & year 6 classes he received 54 requests from a possible 80 students to join in the Fishing Club activities. At the end of six weeks training the groups of 12 students will be going to LBG for a fishing trip.

We are looking for a few serviceable old rods and reels to be used by the kids that do not have there own. If you have an old rod or reel that is no longer required please see me at the next meeting I am happy to service and repair them for the Kids to use.

Pat LUTTRELL.

# *Secretary's Report*

Hello all members & visitors,

## **Years End**

Well another fishing year starts to draw to a close (June 30) so we all have a few things to start thinking about such as,

1. **Renewing your membership**
2. **Put in your photo's for the photo competition**
3. **Submit any captures**
4. **Consider nominations for the committee as all positions are up for grabs come the AGM (August meeting)**
5. **Sending in articles, stories, pictures etc for the Annual Report, please forward to the editor**
6. **Nominations for the club trophy's (most improved angler, most improved junior angler, most meritorious capture, club person of the year and joke trophies), we have a couple already.**

## **Burrinjuck Convention**

Something else that will come up before we know it is the Burrinjuck Convention (1<sup>st</sup> weekend in November). We are looking for a chairman and volunteers to assist. The support of all club members is required to make the running of this event as painless as possible, even just putting your name down for a couple of meal rosters will make things easier.

This is our major fund raiser for the year that helps us fund the club activities for the next 12 months. So if you are unsure but are interested please have a chat to one of the committee members about how you could assist.

## **Club Meetings**

For those who could not make last meeting you missed out on what I thought was a great presentation from one of our new members Tim. The Canadian techniques that he put up I know some members are very interested in trying in our local waters me included.

So once again I would like to say thanks to Tim and would encourage other members to share their skills and knowledge with the membership at our meetings. It doesn't have to be a long presentation and photo's, drawing & video can be easily put up on the big screen, assistance is not far away.

Following on from this we would like feedback from membership on what they would like to see at the meetings, we need to know so we can make the arrangement. Nothing is out of the question with the great venue we currently have. You should have seen the survey that I put out about the outings which was quite useful so I am working on sending out another one that will give you the opportunity anonymously to put forward your views.

**Call for assistance** Finally there has been some talk between members and the committee about how it would be nice to have an online forum/blog that members can communicate together putting up ideas, talk fishing and arrange impromptu fishing outings.

Our Webhost runs Wordpress that can be installed and setup linked to our website. I would like to know if any of our membership has experience with this product that could assist with getting a trial up and running. Give me a call if you are in a position to volunteer your time and expertise to get this off the ground.

Anyhow that's it from me this month hope to see many of you at the monthly meeting



**Now I just want to go fishing!!!**

Be patient and enjoy your fishing experience as good fish eventually do come your way

## *Recorders Report*

Hi All

It's drawing close to the end of the 2009/10 year and for that reason I won't be posting any Championship listing or Board Fish for the next couple of months. This way hopefully it won't be so obvious who is winning which trophies when it comes to the presentation night.

If you have a competitive streak it's time to work out what species of fish you need to target to get you the maximum amount of points for the Championship. You never know what could happen if you get out there and give it a shot. Fish like Carp and Stingrays although not generally considered desirable captures can be really good value. They have poor fighting factors but the sheer size of some of these fish can really give you some serious points if caught on light line.

One thing to remember is you need to have attended two outings for your Championship points to count. If you aren't sure get in contact with me and I will let you know how many outings you have attended. By the time you read this report the May Outing to Jervis Bay will have come and gone, which only leaves the Narooma Outing in June. This is a great outing and would recommend it to anyone. I believe we have one of the Olympic Cabins booked at Island View Caravan Park which really adds to the social aspect of the outing.

The ANSA NSW 12 Month Competition Standings were updated recently, if it's not posted in this newsletter you can check it out at [www.ansansw.com.au](http://www.ansansw.com.au) We're still in a respectable position and dominating some of the Freshwater Divisions but we are slowly slipping down the list. As always around this time of year it takes an exceptional fish to qualify.

### **April Outing: Windamere Dam**

This was the third year in a row we had travelled to Windamere Dam for the April Outing. This year only six members and one visitor attended. The fishing was fairly typical of Windamere judging from my experience over the past couple of years. It was fairly consistent without being spectacular, and as is the case at Windamere if you hooked something you were pretty much guaranteed it was going to be a decent fish, that is unless it was one of those mega Murray Short necked turtles.

Catfish which are apparently an 'occasional capture' according to the AFN map really dominated our catch again. Fish caught during the outing included 20 Eel Tailed Catfish, 8 Golden Perch, and 4 Silver Perch. Several of us arrived a day or two early and accounted for at least another page or so of captures, again mostly Catfish with a few quality Golden Perch in the mix.

I accounted for the best Golden Perch of the outing at 3.95kg on 1kg, with others of 3.90kg and 3.26kg. My Dad Eric caught the heaviest Catfish at 2.85kg, and I think this was the unluckiest Catfish at Windamere as it still had Anthony's rig and leader attached from when he lost a 'good fish' only 15 minutes earlier. It wasn't all bad luck for Anthony; he landed the best Silver Perch of the Outing at 2.11kg on 1kg pre-test.

Of the 20 Catfish caught most were in the 1.80–2.70kg range. They weren't all that easy to steer out of the weed beds especially for those using 1kg pre-test. Tom Stanfield accounted for a couple of nice ones on 1kg pre-test at 2.32kg and 2.62kg. Anthony Heiser landed a few as well, his best going 2.42kg and 2.75kg.

Along with his Catfish Tom also landed a couple of Silver Perch at 1.34kg, and 1.54kg, again both of 1kg pre-test. Tom and Jamie were kind enough to share their 'Secret Silver Spot' and Anthony and I managed to land one each in that spot the next morning. I think Anthony could almost be heard 10km away at the

Caravan Park when his 2.11kg Silver went into the net. I can only liken it to Mark Webber's reaction when he won his first F1 Grand Prix! All jokes aside it was great to see someone that excited about their fishing!

Steve Bailey was given a whole bunch of Bardi Grubs by a generous angler at the boat ramp and the next day managed to tempt a Cod into taking one. Unfortunately the Cod made light work of Steve's 12lb leader over some rocky structure; apparently it was a pretty impressive take.

If you would like to see some footage of the Windamere Outing, Anthony has done up a short 10-15 minute video which we will be most likely be viewing at the June Meeting. Caution if you are into bell etiquette this video may contain several 'bell-winding' scenes!

### **Other Captures**

Colin and Chris Clark have been to Brou Beach and found a good school of Tailor just under 1kg, they submitted 7 ranging from 750g to 990g. Chris also caught a few Salmon at 1.14kg, 1.87kg, and 2.14kg. Colin caught a Fiddler Ray of 2.30kg.

Ben and Chris Lemmon went to Jindabyne to do some trolling, Ben scored a Brown Trout of 2.90kg trolling a 7cm floating Rapala on leadcore. The fish was released to fight another day. They also picked up a few nice rainbows.

That's about all for me this month. Don't let the onset of the cold weather stop you fishing, the trout fishing season is only just getting started, and some of the other species will be looking to put on condition before winter sets in so there are plenty of options available. See you at the next meeting on June 8<sup>th</sup>.



That's all for me this month, catch a big one! Cheers  
Steve.

### **Photo Competition Rules:**

- You are only allowed to submit photos that are of you (i.e. you are in the photo) or were taken by you.
  - Maximum of 2 individual photo submissions per member, per month!
  - Photos must be original and cannot be modified, enhanced or manipulated in anyway.
  - Photos must be submitted to the Editor in either printed (hardcopy) or electronic format.
  - Photos must be received by the last day of each month to be eligible for that months judging.
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[ANSA National Web Site](http://www.ansa.com.au)

[www.ansa.com.au](http://www.ansa.com.au)

[ANSA NSW Web Site](http://www.ansansw.com.au)

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*Ben Lemmon Jindabyne Brown 2.9 kg*



*Anthony Heiser Windamere Silver*



*Narooma Bonito Phil Lawrence*

## CANBERRA FISHERMANS CLUB 2009-2010 SPONSORS

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# Tips from Yesteryear

This is the first of an occasional series of interesting articles. This one is from a now out of print publication called, **"Complete book of Australian FISHING"**. Edited by Roger Hungerford and Published by Jack Pollard Publishing 1977. The entire publication is available on the second hand book market from time to time.

## **Worm Baits on Whiting**

Whiting like sandy bottoms inside river and lake entrances, the beach gutters and the beach at the entrance to creeks and rivers. They are often of good size with the odd fish making towards 2 lb. Whiting are extremely popular, it is not often that fish of eating size are thrown back.

Whiting, when at their peak can be caught in quantity and catches of around a 100 fish can be had, though often small with larger fish being caught later in the season. Night fishing will often give better fish. Considered a summer fish, the whiting may often be found in the winter in suitable beach gutters and around creek and lake entrances.

I know of one spot where Whiting can defiantly be taken all winter, I have seen in the last week in July 14 fish taken by two men at this spot. The fish went up to 12 inches (300mm) in length. I had taken two fish the week prior to this while fishing for Bream. The largest weighed 1 lb 4 oz cleaned and gilled, its length was 16 inches (400mm).

Gear for Whiting should be fine; an 8lb line should be thin enough, fitted with a Mustard 9920 long shank hook in sizes 5, 4 and 3. These hooks in sizes 1 and 2 can be used if the fish are larger or there are bream about. Use a small sinker sufficient to cast and manage the prevailing current. Bait for Whiting varies, pipis are popular as are also yabbies, the best by far are worms, beach worms or the wriggler worms dug from the low tide harbour or river mud. There is also a small beach worm about the size of a match stick that can be dug with a spade on the beach. This little fellow makes excellent bait for whiting. This worm lives in the sand about half way down the tide mark, try digging to a depth of 6 to 8 inches half way down the damp sand pulling the sand towards you. Try several places till you locate a good area.

This worm being small and sand coloured is hard to see until you get used to it, several are required to make good sized bait. Whiting really appreciate this offering, as do bream, if supplies are available you will have no trouble catching them.

Worm bait is often hard to get, which, in turn makes the whiting hard to come by, so much so that the success of whiting fishing will depend on the bait.

Whiting prefer moving bait, in the surf this may not be a problem. In the river or lake water is advisable to keep the bait on the move. Try bringing it in slowly along the bottom, then cast again. The moving bait method will return many more fish than if the bait is allowed to lie in one spot.

Another worm very popular with whiting often can be found under the short weed growth on rocks which grows in half an inch of tightly packed sand that is lodged around the base of the weed. In this sand can be found can be found a small wriggler worm often only an inch or two long and a little thicker than the lead of a pencil. Though small every worm is worth a whiting. This particular worm was popular with some fishing friends of mine several years ago. We would fish the rocks for blackfish and finish the day by collecting a dozen or two of the worms and with a small hook and sinker on blackfish gear, take a few whiting from the beach on the way home.

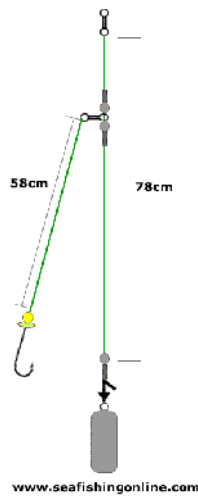
The best way of acquiring this worm is with a broken blade table knife. Start at the edge of the sand pushing the blade under the sand and turning it over to one side, working smartly to the other side of the patch. Any patch with tightly packed sand especially that with small short weed growth in it is likely to yield this whiting tempter. A few are enough to take a feed to whiting.

Worms of a bigger variety may be found at times if you work around patches of rock with a trowel. The rock to approach in this instance is the boulder type found in quantity at the end of some beaches; or along the river and harbour shores that are exposed at low tide.

In an emergency a few lively red garden worms will return some whiting, but, even though the fish will take them, I don't know how they will go in an open competition with salt water worms.

Whiting can be both good sport and good eating. You will find whiting in suitable water most time of the year, and usually worms will get the best results.

Take pleasure when finding your worms and when you catch you whiting, take pride in only keeping reasonable sized fish. Other fishermen will follow your example and throw back undersized fish.



*Northern Whiting*

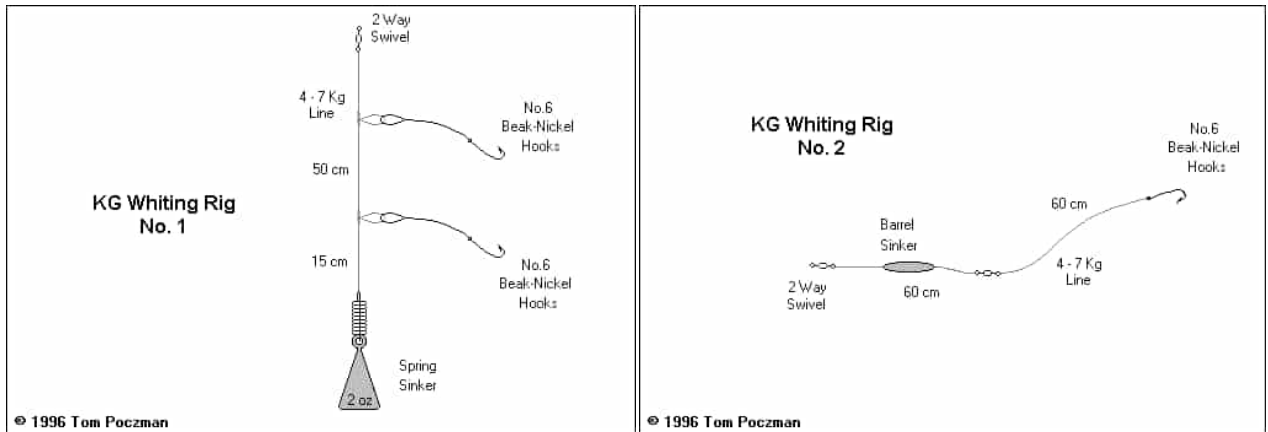


*Sand Whiting*

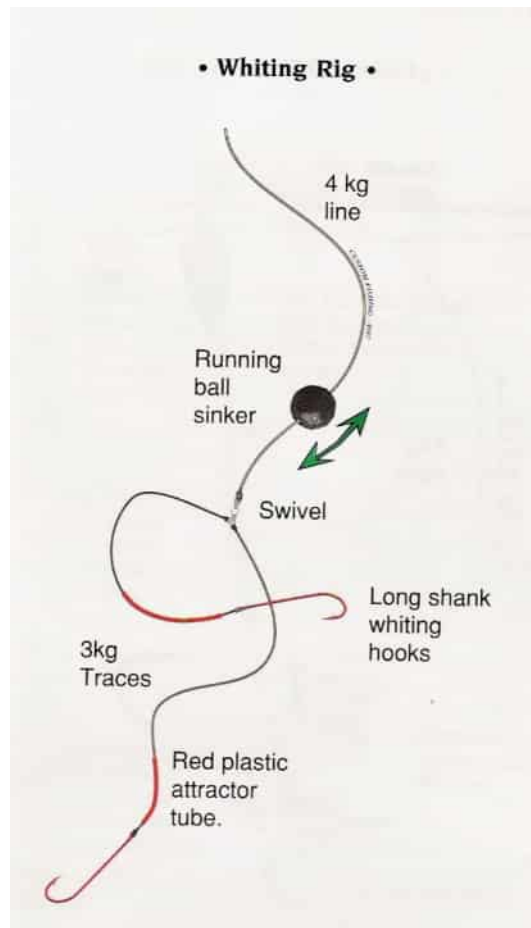


## *SA King George Whiting*

**Note for Whiting rigs, Google “whiting rigs” and see a variety of styles to try.**



*WWW Fish SA.com has a great article on whiting Fishing*



*Common Whiting 2 hook Rig*  
**Kamikaze** have this video on youtube.com  
*Rigging for whiting*

[http://www.youtube.com/watch?v=jr5p0m-RQ7M&feature=player\\_embedded](http://www.youtube.com/watch?v=jr5p0m-RQ7M&feature=player_embedded)

Enjoy your Fishing